

**Créneaux Gym Form JANVIER à JUIN 2026****Renforcement musculaire Mardi 10h-11h**

<b>Dates</b>	<b>Salle Polyvalente</b>	<b>Hall</b>	<b>Dojo</b>	<b>GYM</b>	<b>Club House</b>
06/01/26					
13/01/26					
20/01/26					
27/01/26					
03/02/26					
10/02/26					
17/02/26	<b>VACANCES</b>				
24/02/26	<b>VACANCES</b>				
03/03/26					
10/03/26					
17/03/26					
24/03/26					
31/03/26					
07/04/26					
14/04/26	<b>VACANCES</b>				
21/04/26	<b>VACANCES</b>				
28/04/26					
05/05/26					
12/05/26					
19/05/26					
26/05/26					
02/06/26					
09/06/26					
16/06/26					
23/06/26					
30/06/26					